

# CHS OCTOBER

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>FALL BREAK</b>			
Asian Chicken or Tuna Salad- Sweet potatoes Green Beans Rolls Fruit	Burrito or Taco- Lettuce- tomato Refried beans, Corn fruit	Teriyaki Chicken or Beefy Mac, Rice Salad Steamed Broccoli Fruit	Hamburger or Hotdog Lettuce- tomato Fries Coleslaw Baked beans fruit
10-11 Chicken Fajita, or Taco, Refried Beans Lettuce- Tomato fruit	10-12 Pizza or Spaghetti- Texas toast, salad, corn, fruit	10-13 Chicken Nuggets or BBQ on Bun baked potato Coleslaw Pintos Roll Fruit	10-14 Chicken Sandwich or Hamburger Lettuce- Tomato Fries Baked beans Fruit
10-18 Chicken Nugget or Steak Nugget, corn bread, okra, northern beans steamed cabbage, fruit	10-19 Chicken on Bun or Chicken Tettrizini Peas and Carrots Corn Salad Toast Fruit	10-21 Fish Sandwich or Chicken Tenders Green beans Slaw Cream Potatoes Roll Fruit	10-22 Cheesesticks W/ sauce or Pizza Salad Corn Sweet potatoes Fruit
10-25 	10-26 	10-27 	10-28 

*Choice of milk Daily. Menus are subject to change based on availability  
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